

Beginner or Advanced Neurotoxin & Dermal Filler Course

Customized Beginner & Advanced levels based on your level of expertise; Can be broken up for just Neurotoxin or Dermal Filler (Can be customized for just one modality)

Personalized one on one training by a MD:

10 hours package: \$4250 (Groups of 3-4 Injectors Receive a 10% Discount)

- **♣ Day 1**: 4 hours of hands on training and didactic with neurotoxin
- **♣ Day 2**: 4 hours of hands on training and didactic with dermal Fillers

Includes:

- ✓ Step by step protocols (Face & Neck) Injection Technique and Clinical Pearls
- ✓ Protocols for adjunctive therapy with PRP, Microneedling, Lasers, and other modalities Proper patient selection and setting patient expectations.
- ✓ Explanation of benefits and differences for men and women Overview on the different types of fillers on the market and benefits Overview the the various types of Neurotoxins.
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.
- ✓ How to market this procedure to grow your aesthetic market.
- 8 Hours Hands on Training; 2 Virtual Training
- > Additional Virtual Consulting offered \$269/hr.

Package 2: Advanced Dermal Filler Course w Cannulas

Must have taken our beginner course or have already been injecting for 6 months or more.

Can also incorporate advanced Neurotoxin (can customize for specific needs: Butt and Hip Dips, Hand Rejuvenation, Advanced Lip Techniques, Nonsurgical Nose Job, Decolletege)

Personalized one on one training by a MD:

- **5 hours package: \$3750** (Groups of 3-4 Injectors Receive a 10% Discount)
- 4 hours of hands on training and didactic; 1 Hour Virtual

^{*}Included 1 Dermal Filler (Versa) syringe; additional for \$150 per syringe *Included 30 units of Neurotoxin (Dysport); additional units \$8/unit

Includes:

- ✓ Step by step protocols (Face, Neck & Decolletage, Hands) Injection Technique
 and Clinical Pearls
- ✓ Proper patient selection and setting patient expectations.
- ✓ Pre and Post Procedure protocols
- ✓ Overview on types of Cannulas
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.
- ✓ How to market this procedure to grow your aesthetic market.

Advanced Dermal Filler Course for Penis Augmentation or Vaginal Rejuvenation :

Must have taken our beginner course or have already been injecting for 6 months of more. Can also incorporate advanced *Neurotoxin* (*Scrotox*)

Personalized one on one training by a MD

5 hours package: \$3750 (Groups of 3-4 Injectors Receive a 10% Discount)

Includes:

- √ 4 hours of hands on training and didactic; 1 Hour Virtual
- ✓ Injection Technique and Clinical Pearls
- ✓ Proper patient selection and setting patient expectations.
- ✓ Pre and Post Procedure protocols
- Overview on types of Cannulas
- Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.
- ✓ How to market this procedure to grow your aesthetic market.

Package 3: Bio-identical hormone replacement training:

Personalized one on one training by a MD:

4 10 hours package: \$4250

- ✓ Step by step protocols
- ✓ Proper patient selection, administration, and dosing Explanation of benefits for men and women Overview of FDA guidelines
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.
- ✓ How to convert a patient from foams/creams to pellets.
- ✓ How to market this procedure to grow your regenerative medicine market.
- Day 1: 3 hours didactic and 1 hours of hands-on training

^{*}Included 1 Dermal Filler (Versa) syringe; additional for \$150 per syringe

^{*}Included 1 Dermal Filler (Versa) syringe; additional for \$150 per syringe

Day 2: 2 hours didactic and 1 hours of hands-on training

Refresher course (1 month later):

- ✓ 2 Hours didactic training and/or Hands on Training
- ✓ Included 1 hour of virtual consulting for any additional questions /concerns

Package 4: PRP Course includes Exosomes/Stem Cells

Personalized one on one training by a MD:

10 hours package: \$3600 includes 2 PRP Kits supplied; additional can be purchased at cost

- Day 1: 4 Hours: Didactic and Hands On training
- Day 2: 4 Hours: Didactic and Hands On training
- 2 hours virtual consulting

Includes:

- ✓ Step by step protocols (Hair, Face, Neck & Decolletage, Hands, Scars, Libido Stimulating Shots for Men and Women)
- ✓ Injection Technique and Clinical Pearls
- ✓ Protocols for PRP & Exosomes with Microneedling, Lasers, and other modalities Proper patient selection and setting patient expectations.
- ✓ Explanation of benefits for men and women
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.
- ✓ How to market this procedure to grow your regenerative medicine and aesthetic market.
- ✓ How to pick the right PRP system for your practice; overview on all the options and dif- ferent forms (single spin vs double spin)
- ✓ Difference between Homemade PRP vs true PRP and PRFM; Discussion on Concentration and why it's important
- ✓ Discussion of Benefits of Exosomes and Stem Cells

Package 5: Microneedling Course

- **4 hours** of Didactic and Hands on Training.
- **2 Hour** Virtual Consulting: \$2500

(On site training subject to additional travel expenses); Includes 2 Micropen Tips, BLT, and HA for 2 demo patients.

*Additional can be Purchased at cost

- ✓ Clinical and aesthetic uses of micro-needling
- ✓ Treatment protocols for Skin rejuvenation (skin laxity, lines, wrinkles) for face,

- neck, dé-colletage, hands, acne scars, traumatic scars,
- ✓ Proper technique for micro-needling on various parts of the face and body; overview of needle depth and penetration
- ✓ In depth explanation of topical products used for combination protocols with PRP, HA, Growth factors, as well as with other devices such as post laser
- ✓ Understanding of Regulations and Liability issues Pre and Post treatment care examples and templates Treatment sheet documentation
- ✓ Skin & Safety Protocols: How to avoid and handle possible complications or adverse events
- ✓ Advice and Competitive analysis of various micro-needling options available
- ✓ Patient Consent Forms, Patient Treatment Forms, Patient Pre and Post Instructions

<u>Package 6: Advanced Laser Course Training</u> (Pico, IPL, NdYag, Alex, Diode, CO2, Erbium, Phulium)

7 Hours of Didactic and Hands On Training (can be customized depending on your in- dividual needs): \$3500

- Day 1: 1 Hour didactic and 3 Hours Hands on Training
- 4 3 Hour of virtual Consults /Q&A

Includes:

- ✓ Physics of Lasers: Science, Wavelengths, Depth of Penetration, Ablative vs Nonabla-tive, Mechanism of Action
- ✓ Aesthetic and Medical applications of lasers How to treat Skin of Color patients
- ✓ Proper Patient Selection and Limitations of each Laser Basic Laser Safety and Guidelines
- ✓ Understanding of Regulations and Liability issues Pre and Post treatment care examples and templates Treatment sheet documentation
- ✓ Skin & Safety Protocols: How to avoid and handle possible complications or adverse events

<u>Package 7: Radio Frequency Course Training (Skin Tightening, Cellulite Reduction and RF Microneedling)</u>

7 Hours of Didactic and Hands On Training (can be customized depending on your in- dividual needs): \$3500

- Day 1: 1 Hour didactic and 3 Hours Hands on Training.
- 3 Hour of virtual Consults /Q&A

- ✓ Physics of Radio Frequency: Monopolar vs BiPolar vs Tripolar, Sublative treatments, Mechanism of Action, Indications and Uses
- ✓ How to treat Skin of Color patients Proper Patient Selection and Limitations Basic Safety and Guidelines
- ✓ Understanding of Regulations and Liability issues Pre and Post treatment care

- examples and templates Treatment sheet documentation
- ✓ Skin & Safety Protocols: How to avoid and handle possible complications or adverse events
- ✓ Why are not all RF Microneedling all the same? explanation of existing systems and key differentials.
- ✓ Overview of the various systems available.
- ✓ Hands On with various systems

<u>Package 8: Body Contouring Course Training (</u>Coolsculpting, Emsculpt, Sculpsure, Ultrashape, Shockwave Therapy for Cellulite)

6 Hours of Didactic and Hands On Training (can be customized depending on your in- dividual needs): **\$3100**

- Day 1: 1 Hour didactic and 3 Hours Hands on Training.
- 2 Hour of virtual Consults /Q&A

Includes:

- ✓ Physics of Body Contouring Devices: Mechanism of Action, Indications and Uses, # of Treatments needed.
- ✓ Proper Patient Selection and Limitations: Why BMI is important Combination Protocols
- ✓ Basic Safety and Guidelines
- ✓ Pre and Post treatment care examples and templates Treatment sheet documentation
- ✓ Safety Protocols: How to avoid and handle possible complications or adverse events Overview & Hands on with the various systems available

Package 9: IV Therapy training:

Personalized one on one training by a MD:

6 hours package: \$3100

- **4** 3 Hour Hands on Training
- **4 3 Hours** Virtual
- ♣ 2 Kits Included/ Additional Kits at \$100 each
- ✓ Step by step protocols: How to Start, Mix, and Administer the IV Proper patient selection, administration, and dosing
- ✓ Explanation of benefits for men and women Overview of various IV options
- ✓ Overview of FDA guidelines
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.

Package 10: Thread training Beginner or Advanced:

Personalized one on one training by a MD:

Included Threads for: 6 twists, 6 smooth, 2 barb

- **full correction for each area requires additional purchase of threads
- **Cost per thread: \$50 for barbed; \$10 for smooth/twist
- **Cost per thread for Advanced Training with Instalift Threads: \$50/thread must have 6 months of PDO threads or have done the beginner course prior. (Call us to customize your advanced course)

Beginner Option 1:

1 Day 4 hour Course on Face (combo of Smooth& Barbed PDO Threads):
 \$3100

Advanced Option 2:

- o 2 Day Course 10 Hours (Face&Body with PDO Threads):
- \$4100

Includes:

- ✓ Step by step protocols: Eyebrow Lift/Forehead Lift, Frown Lines, Cheeks Smoothing, Jawline/Jowls, Neck Lift, Smile Lines, Eye bag smoothing, Lip Flip, Double Chin, Knees, Elbows, Decolletage, Thighs, Back of Arms, Breasts
- ✓ Proper patient selection, administration, and dosing Overview of various Thread options
- ✓ Overview of FDA guidelines
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications Protocols for before or after botox, fillers, lasers.

Package 11: Advanced Training II Threads:

Personalized one on one training by a MD:

Included Threads: 4 barb

**full correction for each area requires additional purchase of threads

**Cost per thread: \$65 for barbed

4 hr Course includes 30 min Virtual: **\$3600**

Package 12: PRP Libido Stimulating Shots for Men & Women Course

Personalized one on one training by a MD:

4 hours package: \$3750

2 PRP Kit Supplied; Additional Kits can be purchased at \$90 per kit

4 Hours Didactic & hands on training

- ✓ Step by step protocols (Libido Stimulating Shots for Men and Women) Injection Technique and Clinical Pearls
- ✓ Protocols for PRP with other therapies (Shock wave therapy etc) Proper patient selection and setting patient expectations Explanation of benefits for men and women.
- ✓ Overview of FDA guidelines

- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages.
- ✓ Combination Protocols with CO2 and RF for Vaginal Rejuvenation; Shockwave for Erectile Dysfunction
- ✓ Full discussion on how to address adverse events and possible complications.

Package 13: Kybella Course

Personalized one on one training by a MD:

- 4 1/2 hours package: \$3100 includes 1 Vial of Kybella
- 4 hours Didactic and hands on training for Kybella; 30 min Virtual Consulting
- ✓ Step by step protocols (Face & Body) Injection Technique and Clinical Pearls
- ✓ Protocols with adjunctive treatments and/or other modalities Proper patient selection and setting patient expectations Explanation of benefits for patients.
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages.
- ✓ Full discussion on how to address adverse events and possible complications.

Package 14: Sculptra Course

Personalized one on one training by a MD:

- **↓ 5 hours package**: **\$4200**; additional hours: \$300/hour
- ♣ 1 Vial of Sculptra Included Additional vials at \$375
- 4 hours Didactic and hands on training for Sculptra 1 Hour Virtual Consulting

Includes:

- ✓ Step by step protocols (Face) : Temples, Cheeks, Lower Face
- ✓ Step by step protocols (Body): Buttocks, Arms, Abdomen, Cellulite
- ✓ Injection Technique and Clinical Pearls
- ✓ Protocols with adjunctive treatments and/or other modalities Proper patient selection and setting patient expectations Explanation of benefits for patients
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages
- ✓ Full discussion on how to address adverse events and possible complications

Training purposes: Lower Face/Temples/Cheeks: 1 Vial, Buttocks/Arms: 1 vial per side, Abdomen: 1 Vial, Cellulite: 1 Vial

Package 15: Asclera & Laser Leg Veins Course

Personalized one on one training by a MD:

♣ 5 hours package: \$2500; additional hours: \$275/hour

^{**} May be combined and added to Dermal Filler Course for G spot and Penis Enlargement and/or Scrotox

4 1 Vial of sclera included; Additional vials at \$40/vial or \$160 for a box

Includes:

- ✓ Didactic and hands on training for Leg Veins; 2 Hour Virtual Consulting
- ✓ Step by step protocols
- ✓ Injection Technique and Clinical Pearls
- ✓ Protocols with adjunctive treatments and/or other modalities(lasers)
- ✓ Proper patient selection and setting patient expectations
- ✓ Explanation of benefits for patients
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages
- ✓ Full discussion on how to address adverse events and possible complications

<u>Package 16: Esthetician Skincare Course (Hydrafacial, Oxygeneo, Carboxy Facial, LED therapy, Microneedling, Microdermabrasion, DermaPlaning, Chemical Peels)</u>

♣ 10 hours of Didactic and Hands On Training: \$4000

(On site training subject to additional travel expenses)

Day 1: 1 Hour didactic and 3 Hours Hands on Training

Day 2: 1 Hour didactic and 3 Hours Hands on training 2 Hour of virtual Consults /Q&A

- ✓ How to do a Skin Analysis
- ✓ Anatomy of the Skin as well as how to treat different disease states such as Acne, Rosacea, Melasma, PIH
- ✓ Pore Cleansing
- ✓ Microdermabrasion and Dermaplaning Techniques
- ✓ Facials: Hydrafacial, Oxygeneo, Salt Facial, Carboxy Facial, Carbon Facial
- ✓ Clinical and aesthetic uses of all above therapies
- ✓ Treatment protocols for Skin rejuvenation (skin laxity, lines, wrinkles) for face, neck, dé- colletage, hands, acne scars, traumatic scars, Cystic Acne, Rosacea, Melasma
- ✓ Proper technique for treatments on various parts of the face and body
- ✓ Clinical overview of needle depth and penetration for Microneedling
- ✓ In depth explanation of topical products used for combination protocols with PRP, HA, Growth factors, as well as with other devices such as post laser
- ✓ Understanding of Regulations and Liability issues Pre and Post treatment care examples and templates Treatment sheet documentation
- ✓ Skin & Safety Protocols: How to avoid and handle possible complications or adverse events
- ✓ Advice and Competitive analysis of various systems

✓ Combination Protocols

Package 17: QWO CELLULITE INJECTION TRAINING

Personalized one on one training by a MD:

4 4/1/2 hours package: \$3600

Techniques for Butt and Thighs

- 4 1 Vial of Qwo Included
- 4 hours Didactic and hands on training 30 min Virtual Consulting
- ✓ Step by step protocols (Body): Buttocks and Butt
- ✓ Injection Technique and Clinical Pearls
- ✓ Protocols with adjunctive treatments and/or other modalities
- ✓ Proper patient selection and setting patient expectations
- ✓ Explanation of benefits for patients
- ✓ Overview of FDA guidelines
- ✓ Pre and Post Procedure protocols
- ✓ Discuss pricing and how to create packages
- ✓ Full discussion on how to address adverse events and possible complications
- * A example of All the Consent Forms and Treatment Log Sheets are supplied for all procedures
- * A customized Pricing Sheet and Combination Protocol Sheet is also Created for your specific market
- * Courses are available in English and Spanish; Cursos estan ofrecido en Ingles or Espanol
- * Customized Courses for your individual needs can also be created ex: Advanced Lip Filler Course